

Name: _____

Address: _____

Email: _____

Phone: _____

Mobile: _____

Mamre key worker: (if you have one) _____

Special Needs: _____

Particular Interests: _____

Please return to Mamre as soon as possible:

40 Finsbury Street Newmarket Q 4051

or Ph 07 3622 1222 or download this brochure
online at www.mamre.org.au and email completed
registration to mamre@mamre.org.au

MAMRE'S VISION:

Mamre is an active intentional Community that upholds the worth of every person in society. Families supported by Mamre are envisioning, planning and building rich, meaningful and inclusive lives for their family member with a disability.

MAMRE'S MISSION:

Mamre is a Community-driven organisation that works with families, so that they envision, plan and build rich, meaningful and inclusive lives for their family members with a disability.

Some events have a fee.

There are limited funds available for support if required.

For further information, please contact Kathryn Treston or Margaret Ward

- www.mamre.org.au (click on **What's On**).
- Phone Mamre on **07 3622 1222**
- Email mamre@mamre.org.au

Mamre Newmarket Office

40 Finsbury Street Newmarket Q 4051
Ph 07 3622 1222

Mamre Mt Gravatt Office

1428 Logan Road Mt Gravatt Q 4122
Ph 07 3291 5888

Funded by Home and Community Care Program and Mamre

Pave the Way also offers workshops on visioning and planning, and long-term safeguarding for families throughout Queensland

See www.pavetheway.org.au or call **07 3291 5800**
or **1300 554 402** for further information.



An initiative to build capacity in families

Mamre Association Inc invites you to participate in the

INSPIRIT

PROGRAM FOR 2010

To encourage, inspire and embolden families with a person with a disability

Imagine Better
Plan for the Future
Take Control

1. SOCIAL ROLE VALORISATION

Family and Staff Training

Newmarket office Tuesday 16 and Wednesday 17 February 2010

Newmarket Office
40 Finsbury Street Newmarket
Led by Jane Sherwin

This event is for both families and Mamre staff and will offer a robust framework to problem-solve around issues for people with a disability.

No fee

2. CREATING MEANINGFUL LIVES

Live in workshop

Friday 7 – Sunday 9 May Gold Coast

This three-day workshop is for families to understand what it takes to imagine, plan and build a great life for their family member with a disability in their own communities.

Two from each family network are required to attend. Limited numbers only.

\$300 for 2 family representatives

3. CONVERSATIONS

Tuesday & Thursday Evenings 7-9pm

Families and Mamre staff are invited to a relaxed supper and conversation on topics of interest. This is a great way to meet people with similar interests and issues.

Newmarket Office	Mt Gravatt Office
Tuesday 25 May	Thursday 27 May
Tuesday 27 July	Thursday 29 July
Tuesday 14 Sept	Thursday 16 Sept
Tuesday 2 Nov	Thursday 4 Nov

No fee

4. BECOMING STRONGER AS A FAMILY

Sunday workshops 10-3pm

Newmarket – 27 June
Mt Gravatt – 22 August
Newmarket – 17 October
Mt Gravatt – 5 December

This series of workshops will offer families skills in visioning and planning, developing meaningful roles, managing staff, building community networks and keeping their family member safe now and in the future.

No fee

5. NEW FAMILY GOVERNED INITIATIVE

Information sessions

Mamre is offering to assist families of adults with a disability previously supported by Mamre to develop a family governed service to assist them to have a home and an adult life of their own.

Newmarket Office (Northside families)
Sunday 21 March

Mt Gravatt Office (Southside families)
Sunday 28 March

No fee

6. SPIRITUALITY WEEKENDS

Live-in Retreats

Women's retreat Men's retreat
Friday 4-6 June Friday 12-14 November

The weekends offer family members time to have a break for guided contemplation and reflection, and companionship.

Fee \$120 per person

I would like to be contacted about
(please tick box):

- 1. Social Role Valorisation Training**
 Tuesday 16 – Wednesday 17 February
- 2. Creating Meaningful Lives Workshop**
 Friday 7 – Sunday 9 May
- 3. Conversation Evenings 7-9pm**
 Newmarket Office
 Mt Gravatt Office
- 4. Becoming Stronger as a Family**
Sunday Workshops 10am-3pm
 Newmarket – 27 June
 Mt Gravatt – 22 August
 Newmarket – 17 October
 Mt Gravatt – 5 December
- 5. New Family Governed Initiative**
 Newmarket Office (Northside families)
Sunday 21 March
 Mt Gravatt Office (Southside families)
Sunday 28 March
- 6. Spirituality Weekends**
 Women's retreat
Friday 4-Sunday 6 June
 Men's retreat
Friday 12-14 November

Comments: